WINTER MENU 2018 FIRST & PRIMARY SCHOOL

M Homemade Items





	Monday	Tuesday	Wednesday	Thursday	Friday
Main Cou Choice	Ricotta Tortellini with	Roast of the Day with Yorkshire Pudding Beef or Pork Casserole with Dumpling or Cheese Scone Breaded Salmon Fillet Jacket Potato with a Choice of Fillings	Chicken Wrap Chicken Wrap	Yorkshire Pudding	Fish Cake Breaded Fish Portion Tuna or Cheese Melt Homemade Quiche Jacket Potato with a Choice of Fillings
Potatoe Pasta/Ri	Rice/Pasta	Creamed /Roast Potatoes Rice/Pasta Potato Wedges	Rice/Pasta Boiled Potatoes	Creamed / Roast Potatoes Crusty Bread	Chips Pasta Mini Waffles
Vegetabl	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bo	WI Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters Sweets	Tutti Frutti Cake	Mousse Slice	Chocolate Surprise Cake with Chocolate Sauce	Fruity Rice Pudding	Homemade Biscuit with a Glass of Juice / Milk

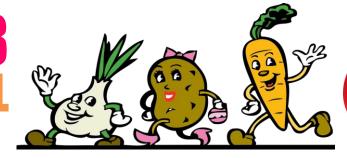




WINTER MENU 2018 FIRST & PRIMARY SCHOOL

WEEK TWO

M Homemade Items





	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Chicken / Quorn Pasta Bake / Bolognese Bake / Veggie Mince Bolognese Bake Sweet and Sour Pork / Chicken or Hunters Chicken Jacket Potato with a Choice of Fillings	Roast of the Day with Yorkshire Pudding Turkey/Quorn/Pork /Chicken Casserole Turkey / Quorn Fajitas Jacket Potato with a Choice of Fillings	Tuna / Cheese Melt Macaroni Cheese / Jacket Potato with a Choice of Fillings	Roast of the Day with Yorkshire Pudding Pork / Beef / Quorn Stroganoff Chilli Con Carne with Rice or Filled Sourdough Bun or Nachos Jacket Potato with a Choice of Fillings	Homemade Pizza Salmon Bites Breaded Fish Portion Jacket Potato with a Choice of Fillings
Potatoes Pasta / Rice	Crusty/Garlic Bread Rice Pasta	Creamed/Roast Potatoes Potatoes Pasta/Rice	Rice/Pasta Creamed/Boiled Potatoes	Roast/Creamed/ Boiled Potatoes Rice/Pasta	Chips / Pasta
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Pears / Mandarin with Custard or Chocolate Sauce	Fruit Cheesecake	Syrup/Jam Sponge with Custard or Fresh Fruit Salad	Fruit Whip or Homemade Oaty Biscuit with Glass of Milk or Juice	Fruit Meringue Nest or Fruit Muffin with Glass of Milk or Juice



Fresh Fruit & Yoghurt available

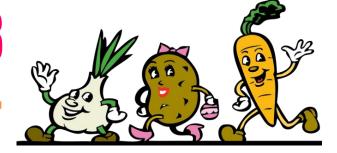




WINTER MENU 2018 FIRST & PRIMARY SCHOOL

WEEK THREE

MHomemade Items





	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Spaghetti Bolognese Chicken or Quorn Fajitas Pork or Chicken Curry with Rice or Filled Sourdough Roll Jacket Potato with a Choice of Fillings	Roast of the Day with Yorkshire Pudding Pork/Chicken/Quorn Casserole/ /Pie Cheesy Pasta Jacket Potato with a Choice of Fillings	Lasagne/Quorn Lasagne/Cottage Pie Ince and Dumplings Hot Roast of the Day Bun / Baguette Breaded Fish Portion / Fishcake Jacket Potato with a Choice of Fillings	Roast of the Day with Yorkshire Pudding Sweet & Sour Chicken/ Pork or Hunters Chicken Tuna / Cheese Melt / Wrap Jacket Potato with a Choice of Fillings	Oven Baked Sausage Fish Fingers French Bread Pizza Homemade Quiche Jacket Potato with a Choice of Fillings
Potatoes Pasta / Rice	Mini Waffles/ Wedges / Rice Crusty Bread	Baby Boiled/Roast/ Potatoes Rice / Pasta	Crusty / Garlic Bread Wedges Boiled Potatoes / Pasta	Roast / Creamed / Boiled Potatoes Rice / Pasta	Chips Pasta
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Brownie with a Glass of Milk /Juice	Sticky Toffee Pudding with Custard	Fruit with Ice Cream Roll	Fruit Sponge with Custard	Fruity Flapjack with a Glass of Milk / Juice



Fresh Fruit & Yoghurt available daily



